

IZENA 88 TRIATHLON Athletes who registered last year

Seigi Maeda
Izena 88 Triathlon Event Director

Regarding the 29th Izena 88 Triathlon (2016)

Thank you very much for supporting the Izena 88 Triathlon. We are excited to announce that the 29th Izena 88 triathlon date will be on Sunday, October 30, 2016. We have started preparing for the race. We will look forward to seeing you at the race this year. Please note that this year will be the last year for accepting paper registrations through postal mail. Beginning next year, registrations will only be accepted online through the race web site.

The race entry will open as follows:

■How to register

①Internet

Register through the race web site (<http://izenatriathlon.jp/>).

②Postal Mail

-Send in race entry application through postal mail. The request must be mailed on or after June 1 and be received by June 30.

-Application must be accompanied with an envelope addressed to yourself and a 120 yen stamp affixed (a self-addressed, stamped envelope).

-Mailing address (sent from a Japanese Post Office):

-Attn: Izena Triathlon race office (Izena Shoko Kanko-ka)

-Nakada 177-7, Izena-son, Shimajiri-gun, Okinawa, 905-0603

-TEL:0980-50-7220 FAX:0980-45-2438

■Registration Period

①Internet / June 1, 2016 (Wed) @ 9AM ~ June 30, 2016 (Thur) @ 5PM

②Postal Mail / June 1, 2016 (Wed) ~ June 30, 2016 (Thur) (Must be postmarked within that period)

※Race registration will close as soon as the maximum number of entries are received. Maximum number for Category "A" (individual) will be 500 applications (400 from online / 100 from postal mail). Maximum number for Category "B" (relay) will be 20 teams (60 athletes). Please registration as soon as possible.

※Online registrants must pay within 8 days after registration or the registration will be automatically canceled.

※A payment form will be sent through postal mail from the event office and the registrant must use the form to make payment by 30 June.

※There will not be a second registration period.

THE 29TH IZENA 88 TRIATHLON RACE INFORMATION GUIDE

RACE HOST Izena Village, Okinawa Times Newspaper

MANAGEMENT Izena 88 Triathlon Executive Race Committee

SPONSORS North Area Municipal Association, Northern Wide Range Municipal Industrial Union

SUPPORT (TENTATIVE) Izena Village Fire Company, Motobu Police Station, Japan Marine Station Nago Branch, Hokubu Hospital, Northern Area Medical Association Company, Okinawa Kyodo Hospital, Okinawa Bicycle Industry Corp., North Region Fire Council, Okinawa Water Patrol System, Okinawa Yamato Transport Corp., Okinawa Triathlon Union, Okinawa Canoe Association North Branch, Adam Leggio and James Pliska (SwimBikeRunOkinawa), Okinawa Tourist Nago Branch, Izena Transport Corp., North Area Harbor Transport Corp.

COOPERATION (TENTATIVE) Izena Village Agricultural Committee, Izena Village Land Improvement District, Okinawa Prefecture Agricultural Association Izena Branch, Izena Fisherman's Association, Izena Elementary School, Izena Middle School, Izena Village Social Welfare Council, Izena Village Construction Association, Izena Village Senior Citizen Club, Izena Village Mayor Board, Izena Village Youth Council, Izena Transportation Corporation, Izena Village Chamber of Commerce, JA OKinawaSS IzenaSS

SPECIAL SPONSORSHIP (TENTATIVE) Ryukyu Cement Co., Ltd. Orion Beer Company, Okinawa Coca Cola Ltd., Izena Village Construction Association

VENUE Okinawa Prefecture Izena Village

RACE DATE October 30, 2016 (Sunday) 7:00AM - 2:00PM

RACE LOCATION
Swim: Izena Beach
Bike: Izena Beach Start
Run: Starts and Finishes at Coastal Friendship Park

RACE INFO
Swim: 2km
Bike: 66km
Run: 20km

TIME CUT-OFF 7hours, (Swim cut-off is 1 hour 30 minutes)

RACE CATERGORIES Category A: Individual: 500 applications
Category B: 3-athlete relay teams (swimmer, cyclist, runner)
Maximum 20 relay teams (60 athletes)
*Registration will close as soon as limit is reached.

REGISTRATION FEE Category A: 20,000yen
Category B: 12,000yen per athlete
*The entry fee includes insurance, race items, aid stations, and the food and drinks at the friendship party.

AWARDS Individuals (Category A)

- Overall 1st to 3rd male/female Finishers
- 1st male/female finishers in each group (18-19, 20-29, 30-39, 40-49, 50-59, 60-69, over 70)
- 1st Okinawan Finisher
- 88th Finisher (special award)
- Eldest Finiser
- Male/Female 29th Finisher (special)

Relay (Category B)

- Overall 1st - 3rd place relay teams

29th Annual Izena 88 Triathlon Contract of Participation

I, as a participant in the 2016, 29th Izena 88 Triathlon (October 30, 2016, henceforth referred as The Triathlon), affirm to the following articles.

Duty to Observe the Rules and Regulations

As the Triathlon makes use of public roadways, facilities, and coastal areas etc., I promise to observe the general traffic laws as well as all the guidelines, rules and regulations put forward by the sponsors of the Triathlon (henceforth written as the Sponsors.) I also promise to watch out for my own safety and health.

If I notice any abnormality or sickness during the Triathlon, I promise to withdraw from the Triathlon.

Understanding of the Nature of Competition, and Responsibility of Self-Management

I, with experience of triathlon competition or related sports, recognize that competition consists of a combination of sports conducted in different environments which subject the physical condition of athletes to sudden and drastic changes. Furthermore, because the course of the triathlon is set up in an unstable outdoor environment over a very wide area, I fully understand that obstacles to first aid/or rescue in emergency situation is highly possible.

I am at present, in good health and I do not foresee any health problems of any kind while participating in the triathlon. In addition, I have had a complete physical examination by a practicing medical doctor and been pronounced in good health within the last year.

I swear to report any allergies, unusual physical conditions, or religious or philosophical beliefs that would affect any medical treatment given to me directly to Medical Division of the Triathlon in writing, prior to The Triathlon. I agree to furnish the Triathlon Office with papers documenting a recent physical examination, including an electrocardiogram and stress test if am asked.

Removal from Competition and the Handling of Emergency Situations

I, if judged by the Sponsors or marshals of the competition to be a hindrance to the continuation of the Triathlon, will accept orders for my removal from competition. If I am injured, involved in an accident, or suddenly fall ill, I will accept the measures taken by the Sponsors and /or doctors. I will raise no objections to any emergency measures taken, and will not protest any results of the said emergency measures.

Exemption from Responsibility for Accident or Death of the Sponsor of the Triathlon

I will not hold the Triathlon, or its Sponsor responsible in any way what so ever in the event that I am injured or killed during the Triathlon or any of its incidental events. I consent that any

compensation due to accident or injury be paid to me within the guideline of the Triathlon accident insurance policy. Hence I swear that there will be absolutely no legal action and/or demands for compensation of any kind from myself, my benefactors, my next of kin, my relatives, the manager of my estate, or the executor of my last will and testament.

Exemption from Responsibility for "Acts of God" of the Sponsor of the Triathlon

I swear that I will make absolutely no demands relating to compensation for fees necessary for the participation in the Triathlon, or hold the Sponsor liable for the loss or damage of any implements for the cancellation of the triathlon, any change in the events therein, or the loss or damage of any implements that will prevent an athlete from participating the Triathlon or will be an obstacles to participate in the Triathlon; due to any changes in the environment which are not hospitable to competition.

Public and Commercial use of Images and Data connected with the Triathlon and Triathletes

I consent that the use of my image, and personal data such as name, age, address, and athletic history, etc., in all Triathlon publications, news reports, and informational media with the understanding that they may be used publicly and commercially by organizations with affiliations to the Sponsor.

Bystanders Consent and Exclusive Jurisdiction

I, my family, my relatives, and/or my legal guardians approve of the contents of the Triathlon based upon this contract. I, my family, my relatives, and/or my legal guardians consent to my participation in the Triathlon. If law case arises related to Triathlon, primary exclusive jurisdiction shall be " Naha Local Court" and in conformity with Japanese Laws.

THE 29TH IZENA 88 TRIATHLON ENTRANCE REQUIREMENTS

ELIGIBILITY Healthy individuals of any nationality, at least 18 years old by October 30, 2016, with the experience and confidence to complete the race. Minor (18 or 19 years old) must have permission for participation from a parent or a legal guardian

Those who have submitted an official Izena 88 Triathlon application form and is approved by the Izena 88 Triathlon race office.

If the Izena 88 Triathlon Race Office determines that your participation could cause any issue, the race office reserves the right to deny participation.

REGISTRATION Internet, starting at 9:00am, June 1st, 2016 until June 30th, 2016 @ 5:00pm.
A limited amount of paper registration forms will be available.

APPLICATION PERIOD Postal Mail, June 1st, 2016 to June 30th, 2016 (must be postmarked within that period)
A limit of 400 online-applications and 100 Postal Mail applications will be accepted.
When the submitted applications reach the maximum number, registration will end.

HOW TO REGISTER Internet: Register through the race web site: <http://izenatriathlon.jp/>
Postal Mail: Send in race entry application through postal mail. The request must be mailed on or after June 1 and be received by June 30. Application must be accompanied with an envelope addressed to yourself and a 120 yen stamp affixed (a self-addressed, stamped envelope).

Mailing address (sent from a Japanese Post Office):
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Nakada 177-7, Izena-son, Shimajiri-gun, Okinawa, 905-0603
TEL0980-50-7220 FAX0980-45-2438

REMARKS Any processing fees for Online or Postal Mail will be incurred by the applicant.
Online applicants must complete payment within 8days after registration. Postal mail applicants must have their payment confirmed by the race office by 30 June.

Any documents that are submitted during registration will not be returned to the applicant
The entry fee will not be refunded once the entry approval postcard is mailed out from the race office.

The registration process will end once maximum number of entries are received.
There will not be a second registration period

ENTRY An official participation acceptance/rejection postcard (lists your registration#/race#) will be mailed to you in late July. The postcard is required for race check-in at Izena. Disapproved application will also receive notice and refunds will be arranged.

PAYMENT IS NOT REFUNDABLE FOR ANY REASON AFTER ENTRY IS APPROVED.

TRANSFERS ARE
PROHIBITED

Applications may not be transferred for any reason. If a non-approved athlete or team member participates under an approved athlete's name/team, then that person/team will not be allowed to race and will be disqualified.

ITEMS PROVIDED TO
ATHLETES

- Race Program
- T-shirt, Hat
- Drinks and refreshments at each aid station
- Food and Drinks at the Friendship party
- Race Items Swim Cap, Run Race Bib, Bike Race Number Plate
- Race Finishers (Certificate of Completion, Race Towel)

SCHEDULE

October 28, 2016 (Friday):

Registration at Gymnasium (near ferry port)

1st @11:30am-2:00pm

2nd @4:30pm-5:30pm

October 29, 2016 (Saturday):

Registration at Gymnasium (near ferry port)

1st @11:30am-2:00pm

2nd @4:30pm-5:30pm

Race Course Bus Tour 1:00-2:00pm

Race Brief for Foreign Athletes 4:45pm-5:30pm

Japanese Race Brief 5:40pm-6:30pm

October 30, 2016 (Race Day)

Check-in, medical clearance, body marking, chip pick-up (@ Swim Start) 5:00am- 6:30am

Race Start: 7:00am

Race Finish: 2:00pm

Awards, Closing ceremony, and Triathlon party at Gymnasium 4:00pm

REMARKS

Race brief attendance is mandatory.

All racers must complete registration by the designated time and date (see schedule)

Bike mechanic will be available next to the gymnasium.

For safety reasons, please review the race course for all three sports before the race day.

Accommodations may have to be shared rooms due to limited availability on island.

IZENA 88 RELAY REGISTRATION

00 福岡

払込取扱票

口座番号		百	十	万	千	百	十	番	金	千	百	十	万	千	百	十	円
0	1	7	7	0	4				Race FEE	3	6	0	0	0			

加入者名 いぜん88トライアスロン大会
 B Group - Relay Dates in Izena
 入島日程 mm月dd日~mm月dd日 入島日程 月 日~ 月 日

性別	性別	性別
氏名	Bike Name	Run Name
本人住所	〒 ZIP CODE	〒
緊急連絡先	Emergency Contact	
生 DOB	AGE	チーム名 Team Name
電話	自宅	宿泊先 Izena Accomodation
E-mail		
氏名	Signature	受付局日附印
1 km Swim time	T-shirt size and qty (3 Total)	# of Izena 88 Appearances

記載事項を訂正した場合は、その箇所に訂正印を押してください。
 切り取らないで郵便局にお出しください。

払込金受領証

口座番号	0 1 7 7 0 - 4
加入者名	いぜん88トライアスロン大会
金額	千 百 十 万 千 百 十 円
ご依頼人	様
料金	(消費税込み) 受付局日附印
特殊取扱	